

Arts K-6, Week 2 - (Lau)

Font in BLUE indicates an ONLINE activity

Font in BLACK indicates and OFFLINE/PAPER PENCIL activity

If you'd like to send some of the things you've created, made, videoed, or photographed, please send to: allan.lau@k12.hi.us. I'd LOVE to see what you're making and creating!

	Monday 4/6	Tuesday 4/7	Wednesday, 4/8	Thursday, 4/9	Friday, 4/10
Art	Art and Music will alternate with Dance and Drama activities				
Music					
Dance	<p>Learn Basic Dance Moves! Learn the dance steps from the video linked below in the "Video Links" section: "Easy Dance Moves" Video yourself and share it with me! <i>Extra: Teach one of the dance steps to a family member!</i></p>	<p>Learn A New Dance! Learn the dance routine from the video linked below in the "Video Links" section: "Kidz Bop: Can't Stop the Feeling" Video yourself and share it with me! <i>Extra: Teach it to a family member!</i></p>	<p>Learn A Dance from "Newsies" Now that you've watched some (or all) of "Newsies," it's time to learn part of one of the dances, "Seize the Day!" Link is below in the "Video Links" section. The dance uses a prop (newspaper), but that is optional, especially if you don't have a smooth surface to dance on. PLEASE BE CAREFUL when sliding around. Video yourself doing the dance and share it with me!</p>	<p>How to AirWalk Check out the video on how do to the airwalk in the "Video Links" section. Video yourself and share it with me. <i>Extra: Teach someone else how to air walk!</i></p>	
	<p>Make A New Dance! Pick your favorite song. Find the CHORUS of the song and choreograph 2 counts of 8 to that chorus. Try NOT to use TikTok dances as your moves. Most choruses are 4 counts of 8, so today you will only be choreographing the first half. Hint: Use the lyrics or the beats or the rhythm of the song to help decide on what move to use.</p>	<p>Make A New Dance! (Part 2) Continue choreographing the second half of the chorus. Remember to use the lyrics or rhythm to help you decide what move might be most appropriate. Video yourself doing your new dance routine! <i>Extra: Teach your new dance to a family member! Video yourself dancing along with them!</i></p>	<p>Make Another Dance! I know many of you already know many TikTok dances. Your job today is to take some of those moves that you're so familiar with and put them together to your favorite song. Video yourself and share your video! <i>Extra: teach someone your new TikTok-inspired dance!</i></p>	<p>Make A Hand-Washing Dance! You should know how to wash your hands properly by now (see the link in the "Video Links" section if you don't know the recommended procedure). Your task today is to make a dance that shows these procedures! Choose a song that you think might match. Video your "Hand-washing Safety Dance!" <i>Extra: Teach your whole family your handwash dance!</i></p>	

The 7 Basic Emotions

Watch the video linked below in the "Video Links" section: "Can You Identify the 7 Basic Emotions?". Look at yourself in a mirror (or flip your camera phone or use your computer camera), see what your face looks like copying each emotion from the video:

surprise

disgust (*think of a food you don't like that you have to eat*)

contempt (*imagine you have to apologize to someone and you don't feel like you were wrong*)

happiness

sadness

anger

fear

Video yourself and share it with me! See if a family member can identify the emotions you're making with your facial expressions.

Watch A Broadway Show!

As you may know, I love musicals! You will be watching Disney's "Newsies - the Broadway Musical." This is one of my favorites, based on an actual event that happened in the United States back in 1899 - the newsboy strike of New York City. This musical was actually a movie (both are by Disney, another one of my favorites) that became a hit Broadway show in 2012. This version was filmed in 2017 and features many of the original Broadway cast in the roles they first played in 2012.

HOW TO SIGN UP TO GET ACCESS TO THE VIDEO

1) Go to BroadwayHD.com and register. 2) Click on "Subscription" in the upper right hand corner. 3) Select "MONTHLY \$8.99 /month" plan 4) On the next screen, enter the promo code GPHFM

*****The video is also available if you have Disney+ ("Newsies - the Broadway Musical")** Be sure to choose to Broadway version, not the 1992 movie. version.

You will be watching the entire show in three different parts (see links below in the "Video Links" section). After watching the segment for today (Disney's "Newsies" Broadway - Part 1), identify the following:
The main characters
The setting
The problem
How the songs/dances help tell the story
What are some other things that you noticed? Can identify the use of technology in the show? Which is your favorite song so far and why? Who is your favorite character and why?

Watch A Broadway Show! - Part 2

After watching today's segment (Disney's "Newsies" Broadway - Part 2), how has the problem changed? Do you have a new favorite song or character? Has anything happened that has surprised you? How do you think the problem will get solved?

Watch A Broadway Show! - Part 3

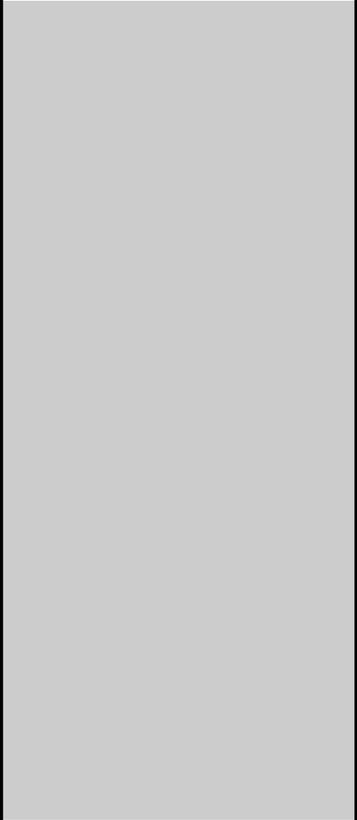
After watching the final segment (Disney's "Newsies" Broadway - Part 3), how did the problem get solved? Did anything surprise you? What questions do you have after watching this show? *Extra (for Disney+ subscribers): Watch the original film version. How did the Broadway version differ from original movie version? Which version do you like better?*

Show, Don't Tell
 Do ALL of the following activities TWICE:
 1) Dance
 2) Clean the floor with a broom (inside or outside)
 3) Drink a glass of water
 4) Get out of bed and stretch
 5) Choose your own activity. Have fun with it! Be creative!
 - The first time, do the activity like it's your favorite thing to do!
 - The second time, do it like it's the worst thing anyone has ever made you do!
 There should be a clear difference in your face and body language to show how you really feel. You can use your voice to help show how you feel, but avoid using actual words/sentences; almost like Charades, this should be as silent as possible.
Extra: Choose one activity to film or perform live. Show it to your family members or have them share it with other family and friends.

Being Self-Aware
 Part of being a good actor is knowing who you are, where you've come from, what you like/dislike. Complete the "Self-Aware" sheet from the "Resources" section below as much as you can. Younger students may need help in thinking of things or you can skip that section. You don't have to fill in every section, but do your best. Something to ask yourself for each item is "WHY did you you answer with that answer?" "Because" becomes hard to defend when you don't have a strong reason for your feeling or opinion. Many of our likes and dislikes are rooted in our experiences, no matter how old you are. Identifying those things AND why will help you make choices as an actor.

My Favorite Things - Theater Version
 Like yesterday's lesson, knowing who or what you like helps you as an actor to make choices when you're asked to perform. You may model your facial expression, vocal qualities, or movement after your favorite actor. You might imagine your favorite place or food to help bring realism to your acting. You may be attracted to read or perform things that are similar to your favorite movie or show.
 Fill out the short answers to the "Week 4 - Favorite Things" sheet in the "Resources" section. Again, ask yourself, "WHY is this my favorite? What about it do I like or find appealing?" Be as specific as you can. Having a strong opinion will help root you in who you are and become a better actor. Have fun!

Make A Costume!
 Today, you will be making a costume to fight COVID-19! The trick is that the costume has to be made ONLY from things that YOU wear along with things found in your house. See the "Week 3 - Costume Challenge" sheet linked in the "Resources" section below.
 Make a sketch of your costume, identifying what each part's purpose or function is. Share your drawing with me. NOW it's time to get dressed in your costume!
Extra: take a picture or video of yourself in your costume!



	Resources	Video Links	Samples/Ideas
Art	Art at Home (Google doc with multiple links)		Natural Art
Music	Treble Cat Lite (app)	Basic Music Dynamics	
	Rhythm Cat Lite (app)	Movie Sound Effects	
	Staff Wars (app)	Music In Her Mind	
	Music Learning Lab (app)	Wintergaten Music Marble Machine	
	Music with Grandma (app)		
	SoundForest (app)		
	Go Noodle (website)		
	Chrome Music Lab (website)		
Dance		"Easy Dance Moves"	
		Kidz Bop - "Can't Stop the Feeling"	
		Disney's "Newsies" Dance Tutorial	
		How to Airwalk	

		A Complete Guide to Handwashing - WHO Technique
Drama	Self-Aware sheet	Can You Identify the 7 Basic Emotions?
	"Week 4 - Favorite Things"	Disney's "Newsies" - Broadway, Part 1
	"Week 3 - Costume Challenge"	Disney's "Newsies" - Broadway, Part 2
		Disney's "Newsies" - Broadway, Part 3